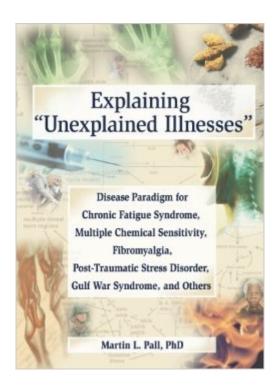
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# Explaining 'Unexplained Illnesses': Disease Paradigm For Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, Post-Traumatic Stress Disorder, And Gulf War Syndrome





# **Synopsis**

Discover the answer to the mysteries of these debilitating illnesses Explaining "Unexplained Illnesses" provides long-sought explanations for the properties of chronic fatigue syndrome (CFS), multiple chemical sensitivity (MCS), fibromyalgia, and posttraumatic stress disorder. This groundbreaking book examines common symptoms and signs; short-term stressors such as infection, chemical exposure, physical trauma, and severe psychological stress; why people are often diagnosed as having more than one of these illnesses, and approaches for treating the cause of each disease, rather than the symptoms. The book presents a detailed and well-supported mechanism (the NO/ONOO-cycle) that provides consistent explanations for many of the puzzling elements of these diseases. At least a dozen scientists have proposed that chronic fatigue syndrome, multiple chemical sensitivity, and fibromyalgia must share a common mechanism; others have suggested posttraumatic stress disorder may belong to this group as well. This unique book provides explanations for their previously unexplained properties with more than 1,500 references to scientific literature, creating a whole new approach to therapy and treatment of these illnesses. Explaining "Unexplained Illnesses" provides answers to these questions: how do short-term stressors initiate chronic illness? how does the biochemistry of the NO/ONOO- cycle produce chronic illness? how can the diverse symptoms and signs of these illnesses be generated as a consequence of their common biochemistry? why is there so much variation in symptoms from one sufferer to another? what are the principles underlying the NO/ONOO- cycle mechanism? how does the NO/ONOO- cycle provide explanations for a dozen previously unexplained properties of these illnesses? how might 14 additional illnesses/diseases also be caused by the NO/ONOO- cycle etiology? and many moreExplaining "Unexplained Illnesses" is a must-read for physicians and scientists, and for anyone who suffers from-or knows someone who suffers from \$\\$#0151; these previously puzzling illnesses.

### **Book Information**

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## Customer Reviews

I hope you will make the time to read Dr. Pall's book and find it as inspirational and educational as I did. I was very excited to read about this NO/ONOO theory and explanation underlying these inflammatory illnesses: Multiple Chemical Sensitivity (MCS), Fibromyalgia (FM), Chronic Fatigue Syndrome (CFS), Gulf War Syndrome (GWS), Post Traumatic Stress Disorder (PTSD), etc. Take this book to your treating physician and discuss the protocols which fit your medical needs. This book is dense with information - read the first chapter - The NO/ONOO Cycle and the Cause of Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia and Post-Traumatic Stress Disorder. If you find it too technical, skip to the section about your illness, then go back and see if the chemistry is easier to understand. But everyone should read this book - even if they don't understand the chemistry - just for the supportive information which validates their experience with their illness. Referring to MCS, Dr. Pall writes," MCS initiation commonly involves chemical exposure, either a single high-level exposure or multiple lower-level exposures. The chemicals involved in initiation of MCS fall mainly into four classes, organophosphorus and carbamate pesticides and two other classes of pesticides, and volatile organic solvents." Page 4 The chapter on therapies is most helpful as it provides detailed information on agents expected to down-regulate the vicious NO/ONOO cycle. "At least 30 therapeutic agents or classes of agents are available today that are expected to down-regulate cycle biochemistry." Page 265 Dr. Pall lists the various protocols of Drs. Paul Cheney, Jacob Teitlebaum, Garth Nicolson, Nash Petrovic, and Grace Ziem.

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